

inside
the review
THIS WEEK

c.a.p.c. to
meet with
COUNCIL

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help for
TAX TIME

3, 9

great
tourney
for
ATOMS

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two big
wins for
SR. ELKS

7

■ Annual Meeting February 7

Chamber welcomes newcomers to business community

Elk Point Chamber of Commerce welcomed two businesses now operating in the Elk Point area at their January 17 regular meeting.

A five member delegation from Canadian Natural Resources Ltd. was introduced by Surface Area Landman Bob Day, who has worked for CNRL for four years, and for Murphy Oil prior to that time. "Four years ago, CNRL was the size of Ranger - now we buy companies like that," he told the Chamber. Their main focus is on heavy oil and natural gas, being second in Canada in natural gas and second to third in heavy oil production. The company employs a total of 900, with 250 of these in the northeast Alberta operation, expanding to 450 when ser-

vice providers are added in. "We have a pretty big effect on the communities we go into."

CNRL's expansion saw them purchase Koch Petroleum three years ago, and more recently, Ranger Oil, which had earlier bought out Elan. "Anadarko is still there," Day said of CNRL's most prominent rival. "They could gobble us up in a blink, but so far they haven't done so." Murphy Oil is also still in the picture.

Day said the open house planned for later that day was part of the public consultation process necessary for their planned application for increased well spacing in the area. "We're bringing in 15 to 17 people from the company - from the head

office, land people and experts - and will bare our soul to the public."

Chamber President Eugene Buck asked Day about any "growing pains" the company had experienced during the takeovers of other companies, and was told CNRL tries to employ as much expertise as possible from companies they take over. When he recited the Chamber's request to another oil company to "hire us more and pay us faster," Day assured him that CNRL does buy as much as possible locally, "we only ask that you be competitive," and that "as time goes on, more of our workers will live here."

Buck asked if traffic resulting from additional wells was more of a problem

than the actual spacing of wells. Day replied that reduced spacing does increase trucking, and roads "are a main issue. Dust control has to be done. The Ferguson Flats road is going to be paved, and will be a benefit." All in all, Day said, "we are attempting to find a balance, and to break down the feeling of 'them' and 'us'."

Also attending the meeting were Duff Jamison and Paul Rockley of the Great West Newspaper Group, recent purchasers of the Elk Point Review and St. Paul Journal. "We're a little bit like CNRL," Jamison said, adding that the company has gone from 12 employees to 240 with the purchase of additional papers. He and Rockley have known each other for about 20 years and

"decided to do business together." When purchasing the weekly newspapers, "we try to group them in clusters, like the oil companies do their wells, because it's more efficient." Their printing facility in St. Albert receives the papers over the Internet and sends them back, ready to be mailed and delivered to news stands, overnight. Their goal is "top quality newspapers, and hope we will do a fine job of it," Jamison concluded, adding that the first joint section which also goes in other Great West papers will be coming out in the Journal and Review on January 30.

President Buck welcomed the new owners and said he is looking forward to seeing the local paper progress under their leadership.

Elk Point REVIEW

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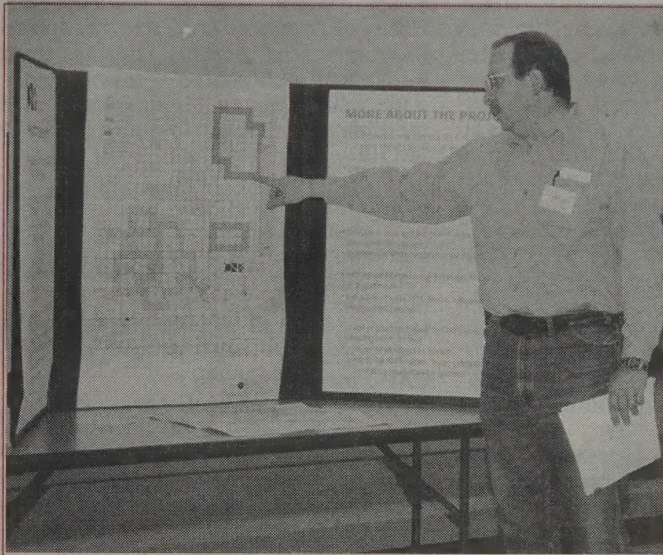
Tuesday, January 23, 2001

CNRL proposes reduced spacing on ten sections in the Lindbergh area

Canadian Natural Resources Limited held an open house in Elk Point last Wednesday to acquaint the public with their plans to apply for reduced spacing of wells in the Lindbergh area.

Sections 4, 9 and 18 of Township 57, Range 5, located northwest of Lindbergh, sections 20, 28, 31, 33 and 34 of Township 56, Range 5, which includes the hamlet of Lindbergh and areas to its west and southwest, and sections 25 and 36, Township 56, Range 6, west of Lindbergh, are included in the application. CNRL is requesting approval for a reduction in drilling spacing from 160 acres per well to 20 acres, which would permit flexibility in well placement and allow the most efficient recovery of the heavy oil from reservoirs, but do not intend to drill 32 wells per section.

The project's "best guess estimate wish list" is for about 200 well bores over a three to five year period, but "we may not get to that number," landman Bob Day said. CNRL had initially planned to drill 190 wells in the Lloydminster-Lindbergh-Bonnyville



CNRL LANDMAN BOB DAY points out the areas included in the plans for decreased spacing of heavy oil wells in the Lindbergh area at last Wednesday's open house in Elk Point.

region during the first quarter of 2001, but have deferred much of the drilling until price differentials on heavy crude oil start to narrow. Now the estimate is for 40 wells, with 11 in the Lloydminster area and the rest in Lindbergh-Bonnyville, with the remainder deferred to the second and third quarters of the year, and Day said "part could get pushed back to 2002."

Day said public consultation is integral in deter-

petitive drainage" allowing more efficient use of the land and minimizing the oil tanks needed to collect oil from the wells.

Bill Clapperton from CNRL's Calgary office gave a rundown on the company's history. CNRL started as a mining company, and at one point was near receivership before being resurrected and experiencing tremendous growth. From 1681 barrels of oil and 57,000 cubic feet of gas in 1991, the company has expanded in the past decade to present totals of 200,000 barrels and 840 million cubic feet daily. Over 100,000 barrels of the oil come from their northeast Alberta holdings, which include those acquired from Amoco Horizon in 1993, Sceptre in 1996, BP Amoco in 1999 and Ranger Oil in 2000.

Last year, CNRL drilled a total of 803 wells, 190 of them in this region, with a 96.23% overall success rate. They have approximately 250 employees in the northeast region as well as another 500 service providers "getting our production out of the ground and finding more," according to Clapperton.

(Continued on Page 2)

community NEWS

CAPC going directly to Council on speed reduction

A delegation from Elk Point's Community Advisory Policing Committee has asked to be placed on the agenda for the February meeting of Elk Point Town Council.

The CAPC has been discussing the issue of speed control in school and playground zones for almost two years, and first sent a letter outlining their concerns to the Town in June 1999. A second letter last year suggested the installation of speed bumps, which, Town Administrator Myron Goyan told the CAPC's January meeting, raises liability issues and would cause difficulties with ice and snow removal. "Council at the Public Works level were totally against" installation of the bumps. He added that Town is planning to order new lime green school zone signs such as have been installed in St. Paul.

Goyan asked RCMP Sgt. Lyle Marianchuk

how many tickets have been issued for school zone speeding, and was told the number of tickets don't necessarily indicate the number of speeders. CAPC member Russ Hebblethwaite noted that the RCMP "doesn't have the manpower" to monitor the school zones on a regular basis, and said that "simple signage is all that's needed for speed bumps." Hebblethwaite had forwarded information to the Town on removable rubber speed bumps but had not heard any comment on these. Goyan noted that the town of Beaumont has speed bumps, and "maybe we can look at it again," although "we're not hearing from the residents" about school zone speeders.

Input from the CAPC is input from the residents, Hebblethwaite said. "We feel this group represent a large enough cross-section of the residents of the town."

Marianchuk added that "we [the committee] are part of the solution."

Committee chair Deanna Easthope asked Goyan for suggestions of ways to increase communication with Town Council. He suggested a delegation come to Council's February 12 meeting.

The CAPC has received a response to their letter to Minister of Justice Dave Hancock, who said their concerns regarding lack of police presence due to RCMP members having to attend court hearings in larger centers were valid, but that it was not cost effective to consider reinstating court hearings in communities such as Elk Point.

Concerns from CAPC members included the perennial problems of U-turns and highway parking. The 2000 deer hunting season was the quietest ever, with not one com-

plaint brought to the rural representative on the committee.

High school representatives brought suggestions from the teaching staff that a non-threatening police presence in the school would be an asset, and asked for the RCMP to be more assertive with violent students, than occurred in a recent incident which saw a student charged. Problems at school dances could possibly be alleviated through better timing of the event, increased supervision and formulation of a policy for supervisors.

Citizens on Patrol is

up to 24 security-cleared members who have been running tours each week. Block Parents, with ten security-cleared members, have had no incidents to report.

Sgt. Marianchuk presented his fourth quarter detailed crime and traffic report, and said crime across the detachment is down three percent overall from the previous year. The biggest downward trend was in frauds, while the largest increases were in offenses dealing with drugs, weapons and traffic offenses under the Criminal Code, such as impaired driv-

ing, dangerous driving and driving while prohibited. In Elk Point, however, drug charges were down 33%, weapons charges remained even at one incident and 'other traffic,' a category which includes check-stops, warnings and roadside suspensions, took the greatest hike, due to more enforcement, which also was reflected in increases in Criminal Code and Provincial traffic charges. Overall, statistics in Elk Point saw a 9% increase, while the Elk Point rural area saw a 15% decrease.

Council keeps surplus on AMHC land sales

Along with their January 8 discussions on annexation, an earlier land acquisition made news at Town Council. The Town had made an agreement with Alberta Mortgage and Housing Corporation some years ago to sell \$2.5 million worth of property originally owned by AMHC at market value, with any excess to go to the govern-

ment. The agreement is now over, and "they told us we can keep the surplus" of \$137,080, Council was told. Mayor Buck commended Council for their efforts with the land. "We sold most of it and any still left to sell will be money in our pockets."

The Town also recently received \$27,005 in distribution surplus from Alberta

Municipal Financing Corporation. Both amounts will go into Capital Reserve.

Council has slated a portion of 50 Street and 56 Ave., as well as 54 Street, for future street improvements, with the Town eligible for a \$89,520 Street Improvement Grant.

Council voted to give all Town employees a 3% pay hike as of January 1, 2000.

CNRL: reduced spacing

(Continued from Front Page)

Areas of concern such as air quality monitoring, ground water, truck routes, odors, weeds and site reclamation were addressed by an impressive lineup of company representatives.

Gas produced by the heavy oil wells traditionally was allowed to escape into the atmosphere or burned in flares, but more recently, there has been a move to capture and use the byproduct to fuel heaters in the oil tanks and to run pump engines. Dave McNamara, CNRL's gas conservation officer, said this reduces operating costs for the wells. Some gas is still contained in the oil when it reaches the tanks and escapes through vent pipes when the oil is heated, in some cases causing an odor problem. "If you're smelling something, we'd like to know," Day said. CNRL

has a 1-800 number which will alert the appropriate people to deal with a problem.

The CNRL panel fielded questions ranging from around-the-clock trucking and use of "jake" brakes to the effect the drilling could have on three shallow spring water wells which provide Lindbergh residents with water.

Noise problems were a major issue, and solutions from covering engines to insulating wellheads suggested. Day said the "main thing is to identify those wells that are causing a problem," and then to deal with those first.

County councillor Ray Danyluk commended CNRL on behalf of the County for their massive contribution toward the Elk Point Airport, which will help to maintain the facility.

Owner foils arson attempt

By Cst. S. E. Hynes
Elk Point RCMP Detachment

On the evening of January 7, 2001 in Elk Point, there was an attempted arson of a vehicle. The 1979 Ford truck had been parked in the owner's driveway when one or more individuals decided to light

fire to it, possibly in retaliation for a dispute that had occurred the previous night. There was some minor fire damage to the truck from a rag that had been soaked in diesel fuel and placed in the gas tank. The suspect(s) also poured a quantity of diesel in

the back of the truck. This is when the owner noticed what was happening and chased the suspect away from the scene. The suspect was arrested by police a short time later at his home. Charges are pending for the 18-year-old male as well as an accomplice.

Helping save lives

Captain Bruno Castonguay coordinates air rescue for the Canadian Forces. He and his colleagues and partners help Canadians in danger. They respond around the clock to emergencies on land or at sea and help save lives. This is just one of the hundreds of services provided by the Government of Canada.

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- Call 1 800 O-Canada (1 800 622-6232)
- TTY/TDD: 1 800 465-7735

Canada



from the FCSS DESK

Volunteer Income Tax Program seeks volunteers

By Deanna Easthope
FCSS Director

The year 2001 is the United Nations designated International Year of Volunteers and the 30th anniversary of the Community Volunteer Income Tax Program. The success of this program over the last three decades is due to the dedication and giving spirit of the Community Volunteer Income Tax Program volunteers.

Between the Town of Elk Point, Frog Lake, Fishing Lake and County of St. Paul, the year 2000 saw 12 people go

through the yearly training course held in Elk Point. By the end of April of 2000, 328 people were helped from these areas.

The Community Volunteer Income Tax Program is a community-based outreach program. It is designed to help low-income individuals with basic tax situations complete their income tax returns, free of charge.

The success of the program depends on the commitment of Canadians and specifically, individuals who live in our area who

volunteer their time and effort to help others. Year after year, individuals and representatives from various organizations across Canada donate their time to help people in their communities. Through the dedication of these volunteers, thousands of Canadians understand and meet their tax obligations, and receive their tax credits on time.

How does a volunteer get involved? Under the program, Canada Customs and Revenue Agency offers free training sessions

to teach volunteers who to complete basic income tax returns. Volunteers participating in these sessions are also provided with a kit of handy references and working material.

If you are an individual in our area who has a basic understanding of income tax and you want to give some time to the community, give the Town of Elk Point FCSS office a call at 724-3800 to register for the free training session to be held in Elk Point on Wednesday, February 7 from 10

a.m. through to 2 p.m. The beneficiaries of this volunteer service vary from seniors to single parents to students and everyone in between. There is comfort in knowing that their income tax return will be, with a little assistance, successfully completed. Although many of these individuals may not be taxable, successful and timely completion of an annual tax return is essential as a trigger to various government

programs such as GSTC, Child Tax Benefit and certain Old Age Security supplements, etc. So if you are a person who would like to become a member of the Community Volunteer Income Tax Program, we will see you at the training session, or, if you are a person who would like help with your basic income tax, give the FCSS office a call at 724-3800, and we will see that one of the Community Volunteers will be in

Trip of the Month Club raffle sales deadline extended to February

The Elk Point and District Lioness Club would like to announce that an extension has

been granted for their Trip of the Month Club raffle, license number 184 816. The extension date has been moved to February 13, 2001 and the draw originally scheduled for January 17, 2001 has been moved to February 14, 2001.

The February 21 draw will go ahead as scheduled. All other conditions stated in the rules still apply as written.

The tickets for the Trip of the Month Club

are \$100 and each ticket is eligible for 36 draws. Prizes consist of one trip to be drawn for each month, plus two monthly draws for \$100.

Tickets are available from Lioness members Pam Frisby, Terry Shankowski, Susan Frisby, Debbie McQuinn, Shaina Gadowski, Angie Christenson, Debbie Keryluk, Sandi Bishop and Elaine Ziomek.

Most of the proceeds from the raffle go back

to support the community in funding for sports, recreation, youth groups, etc. Contact any of the Lioness members if you are interested in purchasing a ticket.

Correction on elevator closure

In last week's story regarding Agricore elevator closure, County of St. Paul councilor Ray Danyluk was quoted as saying he did not want a competing company to purchase the elevators. In fact, it was Agricore themselves who do not want the elevators sold to a competitor, rather than Danyluk who says he would be quite happy to see the elevators in operation, even if by another company, to serve area farmers. Our apologies for the error.

TICKET SALES HAVE BEEN EXTENDED for the Elk Point & District Lioness Trip of the Month Club Raffle

License # 184816

First Draw postponed from Jan. 17, 2001
to Feb. 14, 2001

**Tickets Available Until February 13 from
Lioness Members or call 724-4337
for 36 chances to win trips or cash.**

NORTHEAST GRAZING SCHOOL

Part One of a Three Part Grazing School - February 5, 2001

at the St. Paul Senior Citizens Centre
4809 - 47 Street, St. Paul, Alberta

Coffee & Registration at 9:30 am
Sessions start at 10:00 am

Topics include:

- Understanding Grass and Legume Growth
- Grazing Management Rest Periods
- Stocking Rates
- Pasture Fertilization
- Winter Grazing - Stockpiling Grasses
- Producer View of Grazing Management and the Economics of Grazing

Note: Part Two will be in June 2001

"Species Identification"

Part Three will be in November 2001

"Developing Individual Grazing Plans"

Cost: \$15.00 / Person (includes lunch)

Please pre-register by February 1, 2001 by
contacting Larry Lamothe at 645-3006

Sponsored by: The County of St. Paul No. 19 and Alberta Agriculture

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Beautiful Babies of the Year

The Elk Point Review's Salute to the Beautiful Babies of the Year!

In our January 30, 2001 edition, we will celebrate babies born in the year 2000 by placing them in our paper for only ...

\$10.00 + GST



Baby's Name _____ Date of Birth _____
Daughter/Son of _____
Weight _____ Height _____

Complete the entry form below and send a clear photo to the
Elk Point Review by 4:00 p.m., January 25, 2001.

Beautiful Babies of the Year 2000! ORDER FORM

Please print clearly.

Name _____ Town _____ PC _____
Address _____
Phone _____
Baby's First Name _____
Middle Name _____
Last Name _____

Date of Birth _____ Weight _____ Height _____

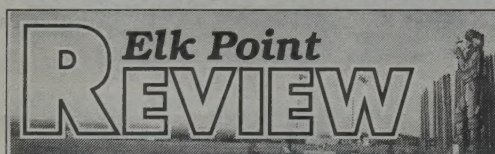
Son/Daughter (Circle One)

Parents First & Last Name _____

Payments for Beautiful Babies of the Year are Visa # _____ Exp. Date _____
\$10 + GST and must be included with order form. Signature _____

For further information please phone 780-724-4087 or mail or drop off your entry to:
Beautiful Babies of the Year, The Elk Point Review, Box 309, Elk Point, AB T0A 1A0

~ Photos will be returned ~

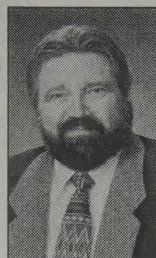


VIEWPOINTS

Points of view from Ray Danyluk

By Ray
Danyluk

Progressive
Conservative
Candidate, Lac
La Biche - St. Paul
Constituency



During the upcoming weeks, I will endeavor to put my points of view forward. I will explain the position of the Progressive Conservative party and answer some of the questions that may concern our constituents. Today, I will present some of the most asked questions about the Alberta Health Care Protection Act, "Bill 11."

1. Why does Alberta need the Alberta Health Care Protection Act?

The legislation prohibits a two-tier health system and ensures that no private surgical facilities can offer insured services outside of the control of the public system. It also regulates the many services that Regional Health Authorities have contracted for years.

2. Will Albertans have to pay more for insured health care services under Bill 11?

No! All insured medically necessary services delivered at contracted facilities will be paid for by the government. The legislation prevents facility fees and surcharges for insured services and guarantees contracts provide access for all Albertans based solely on medical need.

3. Will waiting lists be

reduced?

Yes. Contracted facilities will be able to provide minor services that can be done outside of a highly specialized hospital. Contracted facilities will free up hospitals for more intensive needs. In addition, contract facilities may be more efficient in providing a particular service.

4. Are there existing examples of private providers of health care services?

Yes. Most doctors' offices are private businesses and for years specialized clinics have been providing cataract and laser surgeries. Many long-term care facilities providing care and shelter for our seniors are privately owned but under contract to the regional health authorities.

5. Can someone pay to jump to the front of the line?

No. It is illegal for any service provider to take payment to enable someone to jump to the front of the line. It is also illegal to get faster service by buying enhanced services or uninsured services.

6. What does a patient need to access health care?

The only thing a patient needs is an Alberta Health Care Insurance Card. Nothing else. All medically necessary services are fully paid and will continue to be fully paid by the Alberta government regardless of where they are provided in Alberta.

■ Resolutions

Getting your kitchen fit in 2001

By Bob Geitz
Restaurateur

The beginning of a new year has arrived once again and like every other year, it's time to dust off the running shoes, dig out the jogging pants and pay the annual gym fee to fulfill your resolutions of getting healthy and fit.

But this year, in addition to maintaining a physically fit body, you should also be looking at your kitchen's fitness.

This may seem ridiculous to some, but most people don't understand that an unfit kitchen can pose dangerous health risks for individuals and is as important as one's physical fitness.

The following tips highlight some concerns people should keep in mind to help restore your kitchen's figure:

1. Read labels for storage temperatures and cooking levels. Bacteria pose the largest threat to food safety. Bacteria cannot survive or reproduce outside certain temperature limits. Maintaining time and temperature are crucial to a fit kitchen.

2. Never touch raw food and then ready-to-eat food with utensils, cutting boards, clothes or hands without washing. Never cut breads and raw food on the same board as produce.

3. When preparing food, pay close attention to keeping clean hands. Rubbing an ear or skin, touching your hair, or coughing and sneezing can all contaminate food.

The biggest problem for food poisoning outbreaks is temperature, making cooking levels and storage an imperative measure to a fit kitchen. Most people do not realize there is a proper way to store food in freezers, refrigerators, and pantries, but the following tips should help out with your kitchen's new shape this year.

■ Monitor food temperature regularly. Using a calibrated thermometer, take random temperatures to make sure food stored in the refrigerator is at 41°F and lower. Freezer foods should be stored at 0°F. Freezing food does not kill bacteria, however it does slow their growth substantially. Pantries and cupboards should be kept cool, between 50°F and 70°F, well ventilated and out of direct sunlight.

■ Don't overload the fridge or freezer. Overloading may prevent airflow and make it more difficult for the unit to stay cold.

■ Align your refrigerator properly. Always store prepared or ready-to-eat foods above raw meat, poultry and fish. Foods requiring higher cooking temperatures to kill bacteria, like poultry (170°F) should be stored on the bottom to guard against juice drippings.

■ Don't refreeze and check dates. Thawed food is more likely to support the growth of bacteria and food should be regularly checked for damage and lengthy freezing. Always keep dated food on top.

■ Wrap foods properly. Leaving food uncovered can cause cross-contamination. Products should be stored in

clean, covered containers that are clearly marked. Freezer foods should be stored in their original containers or wrapped tightly in moisture-proof containers. Clearly label containers with contents and use date.

One of the main characteristics of a fit kitchen is preserving safe food. While most people think they are handling food safely, really they are not. The following procedures should be taken to ensure safe food handling and prevention of cross-contamination.

■ Prepare foods separately. Store raw meats, fish and poultry in separate areas from produce or cooked and ready-to-eat foods. If space is not available, prepare these items at different times.

■ Clean all produce. Wash all produce thoroughly prior to eating or cooking. Many restaurants use an antibacterial produce cleaner to clean all their produce. You can use an easy-to-use liquid produce wash like Fit. It is made especially for at-home use to effectively remove unwanted residues on produce like dirt, wax and residues left during the handling process.

■ Thaw foods properly. There are only four acceptable ways to thaw food. In a refrigerator at temperatures of 41°F or lower, submerged under running water at 70°F or lower, in a microwave oven (only if the food will be cooked immediately after thawing), and as part of cooking procedure, as long as the product meets the required minimum cooking temperature.

■ From the Opposition

Slow disappearance of rural Alberta

By Vital
Ouellette

Liberal
Candidate,
LacLaBiche-St.
Paul Constituency



The surprising cover story in the Report news magazine on January 22, 2001 entitled "Klein's \$5 Billion blunder" explains the Klein government's fiasco in electricity deregulation. In addition to the unbelievable increases in our electricity bills, we are facing unacceptable increases in our gas bills. Something has clearly gone wrong when the citizens of Ontario pay less for our natural gas than we do, when we own the gas itself.

The Report news magazine cover story, written by Mike Byfield who has almost always defended the Klein government, stated the fol-

lowing: "The resulting made-in-Alberta crisis will be the worst government-inflicted blow to the province's economy since the federal National Energy Program in the early '80s."

I have spoken to several small business owners and farmers in the Lac La Biche - St. Paul riding who agree that this government created crisis may well result in them having to close their doors. Whenever, for example, a farmer, laundromat operator, greenhouse operator, car dealership is forced to give up or pass the increased cost on to you, the consumer, it has a negative spiral effect on the entire rural community. The employees who lose their jobs due to business closures or farm foreclosures will be forced to leave rural Alberta to seek employment in the cities.

The Klein government is

the cause of this crisis because deregulation has come to mean destabilization of the Alberta economy. The numerous flip-flops by the Klein government has simply made the situation even worse.

Alberta had one of the most reliable and lowest cost electricity systems in North America. By mismanaging the deregulation of the industry, by failing to attract new players into the market, and by selling our generation at one-quarter its worth, the Klein energy program is a disaster.

I believe we must restore confidence in the industry and stabilize prices. We must again ask ourselves and the Klein government, "Who benefits from deregulation?"

What do you think? Call me at (780) 645-7144 (collect if outside the service area).



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Canadian Community Newspapers Association

community NEWS

Ten ways to help a quitter

Last week was National Non-Smoking Week. Here are a few ways we can help those who are attempting to kick the habit, courtesy of the Alberta Tobacco Reduction Alliance...

Smoking is a powerful physical and psychological addiction, and quitting can be painfully difficult. Smokers need compassion, support and understanding while they are struggling to become smoke-free. Here's how you can help:

1. Understand addiction and withdrawal. Most smokers who quit experience physical withdrawal symptoms. These peak within 48 hours, but might last as long as four weeks. Be especially patient with them during that time.

2. Ask how you can help. Make yourself available as much as possible, especially during the first few days. Tell them that you're 'adopting' them during this process.

3. Listen. Don't preach or counsel, just listen. Be prepared for anger and hostility, and understand that irritability can be a normal - and temporary - part of the withdrawal

process. Encourage them to talk openly about their feelings.

4. Let them know about the support services that are available. Counselling and group support increases the chances of quitting. Send them some links to online support, or give them a list of cessation programs available in Alberta. For information on support services, check out the Alberta Tobacco Reduction Alliance web site at www.tobaccotruth.com.

5. Encourage them to talk to a doctor. Advice and counselling from a doctor or health professional doubles the success rate.

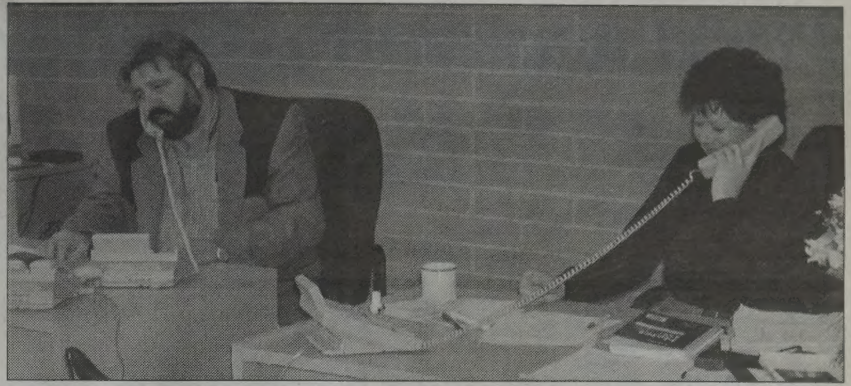
6. Help them avoid smoke and smokers as much as possible. Engage them in healthy activities that are not associated with smoking (walking, swimming, yoga, etc.), especially in the first few weeks. Or take them to places where smoking is not allowed (theatres, libraries, department stores, etc.). Help them to avoid places or situations where it would be all too easy to have 'just one.'

7. Offer practical support. Quitting can be a very stressful process. Offer to take their kids for a few hours or to help with the house or yard work.

8. Keep a supply of smoking substitutes on hand. People who quit smoking miss the oral satisfaction of handling and inhaling a cigarette. Keep a supply of gum, mints, toothpicks and straws on hand.

9. Don't expect overnight success. Many smokers do not become life-long non-smokers with their first quit attempt. Quitting is a process, and may involve setbacks. If they slip up, encourage them to try quitting again as soon as possible. Talk about what triggered the setback and how they could deal with it differently the next time.

10. Celebrate their success. Help to mark significant milestones (for instance: three days, one week, one month). Take them out to dinner, send flowers or book them for a massage.



READY FOR AN ELECTION CALL - Provincial election hopeful Ray Danyluk opened his campaign office in St. Paul on Friday, and he and assistant Geraldine Bidulock lost no time in getting on the phones to drum up support for Danyluk's bid to replace Paul Langevin, who is retiring as MLA for the Lac La Biche - St. Paul constituency.

County board wants to join NLLS

At its meeting last Tuesday evening, the County of St. Paul library board passed a motion to join the Northern Lights Library System.

Board Chair Mike Bergeron said they made the motion as long as they receive cooperation from St. Paul Education and

Northern Lights in regards to the non-residents students who use the libraries at Ashmont, Mallaig and Heinsburg schools.

The library board will bring its motion to County Council at its next meeting on February 13.



Due to recent changes and expansion, Highland has employment opportunities available for experienced **Helicopter Pilots and Engineers.**

Preference will be given to those applicants with endorsements on Bell 206 and AS350 series aircraft.

Several base and pool positions are available.

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SUPER SALESMAN - Cub Graham Zarowny sold over \$1000 worth of specialty popcorn in a recent Elk Point Scouting fundraising endeavor, and won a pile of camping equipment which included a sleeping bag, propane stove and emergency supplies for the most sales in the Elk Point group. The popcorn sale is an annual Scouting endeavor, held each October, with two thirds of the proceeds coming back to the association and each seller receiving "Scout bucks" which can be spent on equipment at the Scouts Canada store in Edmonton.

CRIME STOPPERS

RCMP still looking for stolen truck

Elk Point RCMP are once again requesting the public's assistance in locating a truck that was stolen from the north parking lot of the Tarsands shop in the industrial area of Elk Point on December 26, 2000 between the hours of 10:00 p.m. and midnight.

A white 3/4 ton truck with two males outside was seen in the Tarsands parking lot around the time the truck was stolen.

Description of this unique stolen truck is as follows: a white 2000 3-ton (F550) Ford with a black flat deck with a mounted grey and silver picker with a silver steel rack. Two large tool boxes were also mounted on the deck. The left driver's side tool box is marked with "unit 50" and Tarsands stickers are on both doors. The license plate was Alberta # VHW 742. Numerous valuable tools marked with an Operation Provident number were also in the tool boxes. Value of this theft is in excess of \$100,000.

Anyone with information is asked to call Crime Stoppers at 1-800-222-TIPS (8477) or the Elk Point RCMP Detachment at (780) 724-3829.

Crime Stoppers will pay up to \$2000 for information leading to the arrest of the person(s) responsible for this or any other crime. You do not have to reveal your identity and if your tip leads to an arrest you qualify for an award.

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Look at the training we're holding at the Elk Point Elks Hall:

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- Confined Space Level 1 January 31
- H2S Alive February 7
- H2S Alive February 14
- Standard First Aid / CPR February 21 & 22
- Standard First Aid / CPR February 28 & March 1
- Defensive Driving March 7
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ST. PAUL, AB

Atom Avalanche host great eight-team tourney

By Doug Bassett
Review Sports

There's no doubt about it, hockey tournaments generate money, not only for the arena, but for the whole community. Bring into town eight teams, as the Atom Avalanche did on this

past weekend, and it fills the tills! But before their tournament on the weekend, the Avalanche had a more important task, defeating Mallaig on Thursday night to win the two game, total point provincial series. Next up, the Avalanche will meet Fort Saskatchewan in round number two. Now, back to the tournament, the Atom Avalanche defeated Mannville 2 to 1, then lost a tough one in a shoot-out to Wainwright, to put them into the "C" final where they defeated

Two Hills in an exciting, close game, 6 to 4. Team captain Craig Dallaire with four goals in the final, eight for the weekend, Ryan "Little M" MacDonald who had a scary bump into the boards on Saturday but returned to play on Sunday and scored his second of the weekend, Brittney Ballas with two for the weekend, and Josh Weir rounding out the scoring. Checking the opposition's defense on the point with some very good positional play were the wingers, Warren Jurak and Sonny Benson. Goalie Jerin Bezpalko with his quick reflexes did a great job of backstopping the team. Wainwright was back for the "A" final against Glendon, which went from a 2-2 tie at the end of the second to a 3-3 tie at the end of the third and was finally decided in Glendon's favor after 12 minutes and 40 seconds of grueling overtime. Dewberry edged Cold Lake 4-3 to win the "B" final and Mannville defeated Vegreville 5-2 in the "D" final. Remember the brush cuts we had when we

were kids? It's something I haven't seen for a long time, the whole Atom Avalanche team shaving their hair (well, all but the girls), then carving their hockey numbers in the back of their heads. Not only the team, but coach Lane Lorensen getting into the act, doing the same for his team. They say that the coach is the team, and the team is the coach, you reflect each other, but how many coaches do you know that would shave their heads for their team? Lane has done a wonderful job this season in his role as coach. As a former Elk Point Minor Hockey player and Senior Elks hockey player, he brings a wealth of knowledge to the game with all his hockey experience, and he inspires the players to reach their potential. Another great job by the parents, who wish to send a big thank you to all their tournament sponsors, over a hundred prizes on their raffle table alone, including an authentic Tie Domi Maple Leafs sweater, which you-know-who drooled over, and a special thanks to Nadine Weir from the parents, for all her hard work, phone calls, letters and going door to door getting sponsors and prizes.

(Continued on Page 7)



ELK POINT ATOM AVALANCHE won the "C" Final in their eight team tournament this weekend, defeating Two Hills 6 to 4 in an exciting final with a huge crowd on hand to cheer them on every step of the way. Love those super-short haircuts with the numbers on the back, guys!



AVALANCHE PLAYER Josh Weir presented the "A" final trophy to Glendon team captain Michael Krywiak.

ELK POINT ATOM AVALANCHE: One very successful tournament! A very special thank you to all of our sponsors. Without you, we couldn't have done it!

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Thanks again, Everyone! from
Elk Point Atom Avalanche Players, Coaching Staff and Parents



GLENDON ATOMS were tired but very happy after their 72-minutes-plus battle against Wainwright for the Avalanche tournament's "A" side trophy.

Are you a teen experiencing problems with alcohol, drugs or gambling?

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Our kids just love all those hockey tournaments!

(Continued from Page 6)

It seems that all our teams love doing tournaments, not only hosting, but going to tournaments too, because almost all our teams were someplace

this past weekend involved in a tournament.

The **Girls Storm** were in St. Paul, losing the "B" final to Vermilion 4 to 2, Brooklyn Blacklock

and Ashley Hebblethwaite scoring for the Storm.

How would you like to play four overtime periods before getting a winner? That's what happened to the

Peewee Avalanche, who were in Cold Lake, winning over Mallaig 10 to 2, then St. Walburg 7 to 5, going to the "A" final against Cold Lake where they played to a 6-all tie at the end of regulation time, then played four overtimes, first five minutes, 5-on-5, then five minutes 4-on-4, then 3-on-3, then 2-on-2 before losing. Everyone on the team contributed, special mention to newcomer Brett Gadwa with a couple of goals, rugged defenseman Ryan Ockerman, an intense competitor, and Zack "Clear the Track" MacKinnon, a remarkable skater, a fine playmaker who can kill penalties and produce on the power play, and who can blast a puck that most goalies will duck!

This was Cold Lake's Tier One team. The Avalanche will soon be meeting Cold Lake's Tier Two team in their first round of provincials.

Midget Thunder were also in Cold Lake, playing in a tournament, losing Friday night, 4 to 3 to Cold Lake #1, then winning three in a row, 6 to 4 over Cold Lake #2, 9 to 6 over Bonnyville, then 11 to 6 over Paradise Hill to capture the "B" final. Hat tricks for Dallas Flamand and Brian Poitras in the final, Melvin Easthope with a single and three assists.

Also in another great game for the Thunder on Tuesday night in the Dome, they defeated Lloydminster 4 to 3. A hat trick for a rookie who was called up from the Bantam farm team, Chance Bensmiller, and a single for Mark Hines.

I told coach Shane St. Arnault, "give me something good to write about this week," and he delivered. Shane is another young coach who works hard with the boys, studies the game, and we are fortunate to have in our system.

The Thunder will meet Shane's home town of Mallaig sometime in the near future for a provincial round robin. That should be an interesting series, you won't want to miss this one. The winner goes to the big show in March in Castor.

The **Novice Hurricanes**, who already played back-to-back tournaments the past two weekends, took a well deserved weekend off to recuperate.

The **Bantam Colts**, who have had a great year, were one of the few teams not in a tournament. They played in Lloydminster on Saturday, losing one of their few games of the season, 7 to 4, Jesse Kozicky, Jason Kalynchuk, Cody Burns and Shannon Brodbin all scoring.

The **Micro Novice Tornados** were in Mallaig on Saturday, winning in the second game of their two game series. Hat tricks for B.J. Bailey, Brandon Rainey, Chad Nauss, Ken Stanley and Logan Becker, two for Dawson Lowry, Tyson Moneta, Eric Kubinchak, Wyart Dewan and Tori Becker.

This coming week, on Thursday night, there will be a Minor Hockey meeting at 7:30 p.m. Everyone is welcome and encouraged to attend.

Elks stampede Mustangs 8-3

One of the largest crowds of the year was on hand for the exciting match-up between Elk Point Elks and their traditional rivals, the Dewberry Mustangs, on Friday night. The final score of 8 - 3 in the Elks' favor might indicate that the game was one-sided, but the action in what was surely the best game of the season so far, was anything but. Both teams were operating with a full bench, and both teams played their hardest in this very physical game.

Blair Halfe put the Elks on the scoreboard less than two minutes into the game, off assists by Travis Brown and Aaron Aarbo, with Dewberry tying the score two minutes later. Ben Mathews assisted by Art Parr and Simon Giesbrecht. Ted Genereux reclaimed the lead for the Elks on a power play, with help from Lawren Wowk and Leighton Grey, with Dewberry again playing catch-up, Giesbrecht scoring off Ben Mathews and Brad Romanchuk. Another power play gave the Elks a goal by Doug Zarowny, assisted by Billy Halfe and Shaun Moroziuk, for a 3 - 2 lead at the end of the period.

Leighton Grey started off the second period with yet another goal for the Elks just 28 seconds from the

face-off, assisted by Genereux and Wowk, and although Ben Mathews and Art Parr combined for a short-handed Dewberry goal, the Elks piled in three more in the second half of the period, Blair Halfe unassisted on a short-handed goal, Genereux unassisted on a power play, and Dwayne Karbasheski assisted by Henry Cardinal and Blair Halfe with 1:22 left on the clock.

Both goalies were at their best in the final, hard-hitting period, with the Elks netminder staving off 13 shots and his counterpart in the Mustangs' net repelling 13 of 14. Aaron Aarbo made the lone goal just over four minutes into the period, assisted by Shaun Moroziuk for a final score of 8 - 3.

Elks rout Comets 18-1

Marwayne Comets came to town on Wednesday to play the Elks in a game rescheduled from December 10 because of a player shortage. This same condition left them with a short bench with only seven skaters, whose most valiant efforts kept them on the ice but resulted in a 18-1 routing by the home team.

Marwayne rarely got over the red line and managed only eleven shots on goal during the entire game, com-

pared to 66 for the Elks. They also lost their starting goalie to a game misconduct with 10:35 left in the game, and both teams lost one player in a scuffle in the first period, leaving one lone skater in the Marwayne players' box to relieve tired-out players.

The game's best feature was to add a lot of points to the Elks' scoring statistics. Ted Genereux, who sat fourth in league standings prior to the game with 27 points, added another nine with three goals and six assists. Lawren Wowk, also on the top scorers list with 19 points, added eight more with two goals and six assists. The evening's top scorer was Clayton Cardinal, with four goals and three assists, while Cory Laboucane added three goals and three assists, Leighton Grey three goals and two assists, and Sheldon Espetveidt five assists. Single goals came from Ferlin Quinney, who also had one assist, Blair Halfe, with two assists, and Travis Brown. Dwayne Karbasheski (or whoever was wearing his #15 sweater) and Shaun Moroziuk added single assists.

Steve Hicks scored the lone Marwayne goal off assists by Ian Bergerude and Frank Tremmel.

Skate-a-thon Feb. 7

Pledge sheets are now available at A. G. Ross Arena for the Elk Point Skating Club's 2001 Skate-a-thon, which is coming up on Wednesday, February 7, from 3:30 to 6:00 p.m.

This year's event will have prizes for all par-

ticipants, from gift certificates to sports bags, a grand prize for the person collecting the most pledges, and prizes for most laps in each age group, plus for the oldest and youngest skaters.

Call Desiree at 724-2683 for more info.

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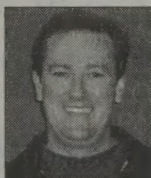
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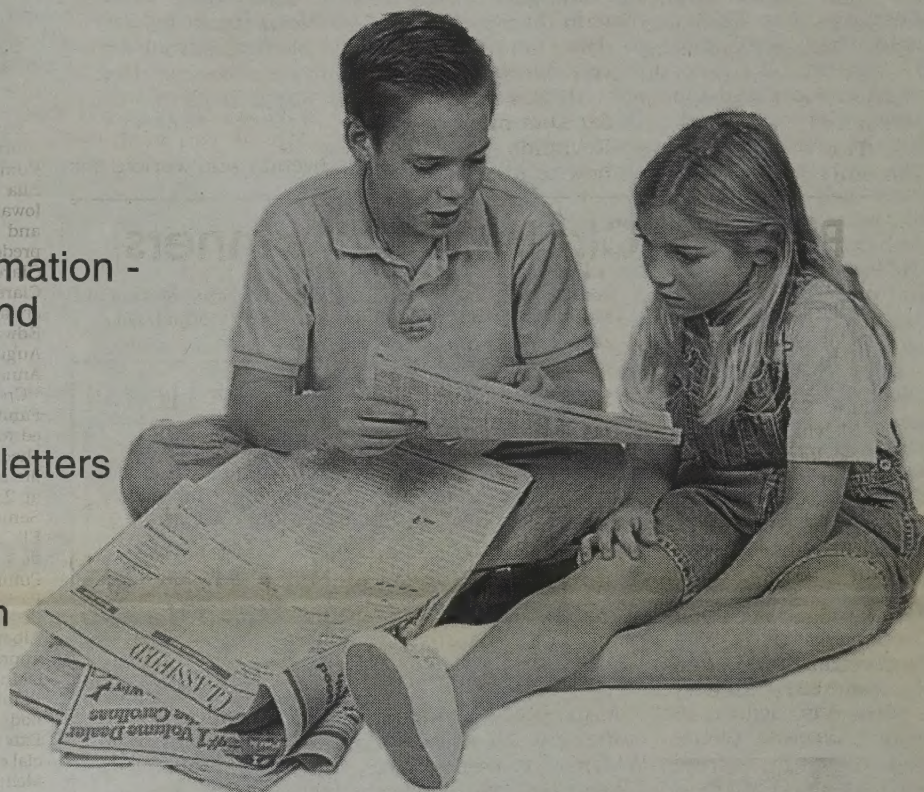
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what's NEWS at the LIBRARY?

Library can help with that taxing time of year

By Daphne Schnurer
Librarian

Well, it's that time of year when everyone is busy doing year-end and getting ready for taxes. With the gas prices taking an incredible increase we all may be trying to budget and plan more efficiently than ever before. Here are a list of books you may find useful:

201 Easy Ways to Reduce Your Taxes by Evelyn Jacks - This year-round personal tax planning guide for every Canadian could save you hundreds of dollars.

The Ultimate Money Guide for

Canadians by Jerry White is full of practical advice, forms, checklists and action plans for income-enhancing and tax reducing strategies that really work.

Family Finance from the Investor Learning Centre - What every Canadian should know - a plain language guide that covers everything from credit cards to old age security, mortgages to education savings plans, it will help you gain complete confidence and control over your family's finances.

RRSPs and RRIFs for Dummies by John Reynolds - discover how to understand the

tax benefits of RRSPs, choose the best investment option for you, achieve maximum growth, keep up with RRSP rules and how to switch to an RRIF when you retire.

Taming Personal Debt by Paul Simpson is a practical guide to the first and most difficult step to financial well being. This book shows a down-to-earth straightforward approach that anyone can follow.

The New Retirement by Diane Cohen - financial strategies for life after work.

Thanks so much!
Thank you to all the friends who worked the

bingo last Sunday. That was our last bingo for the year - HOORAY!!!

Also a big thank you to my volunteers, Lena Stepa, Faye Smith, Lynn Urquhart and Karen Bryan who have

been putting in some extra time helping me get ready for library automation. It is greatly appreciated.

Reminders:
Seniors Tea - February 6 at 2:00 p.m. Everyone welcome

- please join us!
Storytime
January 26, 10:30 a.m. Join us to make some neat snow shapes.

Congratulations

We would like to congratulate our daughter,

ALICIA NIELSEN

on her achievement of being nominated for and having received the

JASON LANG SCHOLARSHIP AWARD

This award is given to a student with an extremely high grade point average. Alicia is in her second year, attending Lakeland College in Lloydminster.

Love, Mom, Stace and Christopher

Pioneer Circle bingo winners

January 8, 2001

Nellie Nelson \$88, Jean Russell \$15, Florence Demchuk \$81, Peggy Smereka \$15, Margaret Gladue \$23, Alf Fakeley \$8, Melvin McGinnis \$38, Louise Jenkins \$15, Doris Benson \$55, Harry Shankowski \$30, Virginia Smereka \$10, Caroline Shankowski \$10, James Paul \$10, Pauline LeClaire \$30, Marianne Fryngpan \$30, Kathy Zarowny \$60, Pauline Chomlak \$28, Tommy Gladue \$21, Olga Ruzycki \$18, Ann Uchman \$25, Alec Smereka \$21, Fay

Randall \$21, T. Moosepayo \$21, Phyllis Zarowny \$7, Annie Zayac \$7, John Wozniak \$21.

January 15, 2001

Louis Lumley \$19, Pauline Chomlak \$40, Margaret Gladue \$10, Louise Jenkins \$15, Kathy Zarowny \$15, Alex Smereka \$30, Faye Randall \$30, Josie Zarowny \$15, Grace Paananen \$15, Louise Millions \$30, Carole Kulczycki \$55, Wm. Dion \$30, Debbie Orr \$30, Kirby Smith \$30, Mary Rose Piesinger \$30, G. Half \$30, Joe Fiddler \$85, James Moosepayo \$18, Mary Bepalko \$79, Doris Benson \$27, Connie Nadeau \$50, Olga

Bayrock \$89, Mary Paul \$25, Bill Chomlak \$9.

Lordy! Lordy!



Don is forty!

HAPPY BIRTHDAY!

Love: Dennis, Diane, Matthew & Megan

OBITUARY

INGERSOLL, William Thomas

William Thomas Ingersoll of Entwistle, AB, born May 3, 1929 in Provost, AB, passed away peacefully in Drayton Valley Hospital January 15, 2001 at the age of 71 years.

Bill was a big man with a soft heart. With it, he reached far and profoundly to touch the hearts of all those he knew whether it be family or friends. And in doing so, he has gained the eternal love and respect of each and everyone. A respect and love that will forever be in their hearts.

He is survived by his loving wife of 46 years, Helen of Entwistle, four daughters, Vivian & Cliff Stults of Edson, Valerie & Rick MacWilliam of Entwistle, Susan Ingersoll & Keith Bumby of Kamloops, BC, Shirley & Roland Urkevich of Drayton Valley, sons Myles Ingersoll of Entwistle, Craig Ingersoll & Jody Lamb of Edson, 17 grandchildren, 5 great-grandchildren, 3 brothers and 2 sisters.

Bill was predeceased by his father Richard Thornton Ingersoll, his mother Bertha Mabel Ingersoll (Nee Sharkey), son Leslie Howard Ingersoll (daughter-in-law Jo-Anne Gail Ingersoll) and sister Alice Connie Ingersoll.

Funeral services were held Friday, January 19, 2001 at 3:00 pm at the Entwistle Community Hall with Ralph Chorney officiating. Interment to follow service at Entwistle Community Cemetery. If friends desire, Memorial Donations may be made to the Diabetes Association or Heart and Stroke Foundation.

Drayton Valley Funeral Services: Titant Funeral Directors in care of arrangements. Phone 780-542-5511.

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Saturday 2:00 pm Fellowshiping

Saturday 7:00 pm Witnessing

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Weekend of

January 26th, 2001

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Pastor Jim MacLellan

Family Worship Service

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Sunday School - 11:15 a.m.

Call 724-4194 for more information

or see our Website <http://elkpt-bapt.homepage.com/church.html>.

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Community Church

Senior Pastor Jerry Richards -

Phone 724-2493

Associate Pastor Richard Upham

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Rev. Jope Langejans-724-3616

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6 EMPLOYMENT OPPORTUNITIES
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MANAGER REQUIRED for rural natural gas Co-op. Managerial and gas distribution experience essential. Send resume in confidence to: Sunshine Gas Co-op Ltd., Box 190, Blackie, AB, T0L 0J0.

6 EMPLOYMENT OPPORTUNITIES
DENTAL ASSISTANT - Rewarding employment. Level II Dental Assistant Program. Excellent results on the National Board Exam and high employment results. Graduate and earn an income sooner from a fast-paced, hands on, quality program. Earn a 1-year Dental Assistant Certificate in 28 weeks (including practicum). Student loan or employment insurance support may be available. Limited seats in our smaller, personalized classes. Over 80% of our grads are employed in their field of training. Experience a 1-day free trial. Enroll now - classes start soon! Call Columbia College (Calgary) today, toll free 1-888-235-9370 ext. 251.
REQUIRED IMMEDIATELY, oilfield 4th year journeyman or apprentice electrician. We offer competitive wages and benefit package. Apply with resume to JC Electric, Box 1743, Brooks, AB, T1R 1C5 or fax to 403-793-2429.
GET A GRIP on your career with Kal Tire. Western Canadian opportunities: Managers, Assistant Managers, Customer Service, Technicians. Details at Winners Circle Employment; <http://winjobs.insask.com>. Fax 306-525-9979.

WANTED LEASE OWNERS/operators for long haul to Canada and U.S. We are paying top rates of \$1.05/running mile, licence and fuel supplied. Call Tom/Gene Minard 1-877-842-3288.
WANTED: Class 1 and 3 drivers for pressure truck, tandem vac, trailer vac. Benefit package available, willing to train. Fax applications 780-753-4758, Angel Steam Services.
CAMPBELL CHRYSLER, an expanding Chrysler dealership requires an automotive technician. Must be an energetic, conscientious team player. Apply by fax 780-835-3551. E-mail: campchry@telusplanet.net or mail: Box 549, Fairview, AB, T0H 1L0.

6 EMPLOYMENT OPPORTUNITIES
GOLF CLUBHOUSE MANAGER required for Bowden Hiway Golf Course. The successful candidate will be self motivated, customer oriented and responsible for the daily operations of the clubhouse and staffing. Golf course experience is an asset. Mail or fax resume to: Bowden Hiway Golf Club, Box 325, Bowden, AB, T0M 0K0 or fax 403-946-5093. Applications close February 9, 2001.
CATTLE PROCESSING Lake-side Feeders in Brooks has a full-time position available. Send resume: Attention: Duke Joy, fax 403-362-8231. No phone inquiries.
WANTED LEASE OPERATORS for Canada and USA. We are paying top rates of \$1.05/mile + picks and drops, permits, plates and company fuel cards. Call Joe at 1-888-466-3010.
TERO OILFIELD SERVICES looking for experienced Class 1 and 3 drivers. Vac truck, winch truck, tank truck, hot oiler/pressure truck, mechanic/driver. Accommodations and swing shift available. Fax resume to 403-566-2000 or call 403-566-3985, Wardlaw, Alberta.
DRIVERS WANTED for Whitecourt and surrounding area. Must have one year tank truck experience, clean Class one licence, TDG WHIMIS, H2S. First-aid is an asset. Must have mechanical knowledge and able to work unsupervised. Competitive wages, full benefit package and retirement program offered. Fax resume with driver's abstract to 780-778-8798.
REQUIRED IMMEDIATELY 2nd, 3rd or journeyman machinist with oilfield machining experience on manual lathe for small machine shop in Brooks, Alberta. Excellent wages and benefits. For appointment call 403-362-4999 or fax resume to 403-362-4086.
WORK FROM HOME! Join one of the largest telecommunications companies as an Excel Canada, Independent Representative. 100% owned by Bell Canada Enterprises. 1-800-813-9822 (Interviews); www.excel.com/canada.

6 EMPLOYMENT OPPORTUNITIES
MCMILLAN MOTOR Products is a GM franchised automotive dealership located in Kipling, SK. This rural community is only 1.5 hours from Regina and offers many amenities including schools, hospital, pool, golf course, tennis courts and is close to provincial parks. We are seeking to fill position of journeyman automotive technician. GM experience an asset, but not necessary. Excellent wage and benefits package available. Call 306-736-2518 or send resume to Box 760, Kipling, SK, S0G 2S0 or fax 306-736-2476.
GOLF COURSE superintendent or assistant superintendent, Fairview Golf Club. 9 holes, public camping, driving range, full facility. Must have knowledge of all aspects of golf course maintenance. Send resume to Fairview Golf Course, Box 1993, Fairview, AB, T0H 1L0.
JOURNEYMAN OR 3RD or 4th year plumber. Experience in service and maintenance an asset. Phone 403-762-2894, fax 403-762-5457. Contact Shane Goodman Plumbing, Banff, AB.
PARTS PERSON REQUIRED. Experience with Reynolds Computer System an asset. Mail or courier resume in confidence to: Box "F" c/o Times Advertiser, Box 6900, 5104 - 53 Ave., Wetaskiwin, AB, T9A 2G5.

6 EMPLOYMENT OPPORTUNITIES
HEART RIVER Golf Club is accepting applications for head grounds keeper and clubhouse manager/coordinator. Send resume to: Box 353, Nampa, AB, T0H 2R0 or fax 780-322-3960. Deadline: February 16, 2001.
JOIN OUR TEAM! Bakery and produce managers. If you are looking for an opportunity to advance your career, look no further. Freson IGA, an Alberta owned and operated company, offers bakery and produce managers excellent pay in the range of \$36,400. - \$41,600., performance bonuses, a comprehensive benefit package, training, seminars and career opportunities across the province. Qualified applicants looking to join our team are encouraged to apply. Please direct all inquiries to: Mike Lovsin, Freson Market Ltd., 9020 - 90 St., Peace River, AB, T8S 1Z4 or fax resume to 780-624-8835.
DO YOU HAVE a zest for reporting on life in an agricultural community? An interest in sports? Creative photography skills? Then send your resume to: Vegreville Observer, Box 489, Vegreville, AB, T9C 1R6. No phone calls.

THE ELK POINT CO-OP is looking for people with a green thumb to work in our garden centre. Approximately 8 weeks beginning May 1, 2001. Drop resume off at the Co-op to: Danelle Brown or Troy Bohn. 

HELP WANTED

We are looking for a few key people to expand our financial services business in this area.

Experience not necessary.
1-866-435-6138
Pager
780-491-7063

EMPLOYMENT OPPORTUNITY

M.D. of St. Paul Foundation is presently accepting applications for a full-time

MAINTENANCE POSITION

- For Elk Point Heritage Lodge (senior home)
- Buckingham House and
- Fort George Manor (self-contained apartments)

Qualifications:

We are looking for a versatile individual to provide maintenance for our buildings. This person must be capable of working with a minimum of supervision. They must have demonstrated experience in building/physical plants maintenance, repair, general handyman, groundskeeping and safety skills. A Building Operator Certificate or equivalent will be an asset. A valid Alberta Driver's License is necessary. Salary and increments on salary grid.

Apply to: M.D. of St. Paul Foundation, Elk Point Heritage Lodge, Box 780, Elk Point, AB
T0A 1A0 (780) 724-4449 Fax (780) 724-3102
Closing Date: February 2, 2001

RICHLAND

Oilfield Services Ltd.

REQUIRES Drivers/Operators

- CLASS 1
- SEMI VAC, CLASS 3
- PRESSURE TRUCK

Must have driving experience. May train for necessary application.

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Tuesdays - \$5.00 per week + G.S.T.

BONNYVILLE NOUVELLE

Mondays - \$5.00 per issue + G.S.T.

COMBINATION OF ALL PAPERS - \$11.00 / WEEK
(20 cents per word per newspaper insert over 25 words)

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Corrections - The publisher will be responsible for only one insertion as a correction. It is the responsibility of the purchaser of the classified ad to check their ad after the first publication and let us know if there is a mistake before the next insertion is printed. The publisher will not be responsible for errors in classified ads that have been phoned.

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review CLASSIFIEDS

6 EMPLOYMENT OPPORTUNITIES

EXPERIENCED PEN CHECKERS required for large feed lot. Duties include checking, treating, and processing. Long term, year round position. Excellent pay and benefits. Contact Cor Van Raay Farms Ltd. Please fax resume to 403-738-4435. Experienced pen checkers need only apply.

MUSIC FOR YOUNG CHILDREN® is training new teachers. Teach at home. Earn extra family income. Set own hours. Grade 8 piano, Grade 2 theory required. www.myc.com Phone 403-244-9080.

A FAST GROWTH sign manufacturing company requires: experienced sign installers and fabricators. Apply in person: 2620 - 22 St. N.E., Calgary, T2E 7L9 or fax resume 403-291-3120.

CORPORATE TRAVEL CONSULTANTS, part-time, full-time required for Farlie Worldwide Travel, St. Albert, Alberta. Sabre experience preferred. Excellent salary and benefits. Contact Terri Farlinger 1-800-459-6634.

FULL-TIME BAKER required at Rocky Mountain House, Alberta Co-op. Must have bakery production experience, journeyman certificate preferred. Wage \$12. - 16./hour depending on experience. Excellent benefits. Fax resume to Emilio 403-845-3885. Phone 403-845-2841.

BUMPER TO BUMPER in Stettler, Alberta is looking for a self motivated energetic, team player. Parts experience required. Please forward resume to: Box 239, Stettler, AB, T0C 2L0 or fax to 403-742-8896.

CERTIFIED GAS UTILITY operator system operations, trencher, backhoe, Class 3 Air. Resume and driver's abstract to: Manager, Sunshine Gas Co-op Ltd., Box 190, Blackie, AB, T0L 0J0.

CITY OF WETASKIWIN requires full-time utility/water treatment plant operator. Competition #02-01. Deadline February 2, 2001. Send resume to: 4904 - 51 St., Wetaskiwin, AB, T9A 1L2.

BROOKS NEW HOLLAND is looking for licensed agriculture mechanic or person with agriculture mechanical background. Call Gary or Dale 403-362-6256 or fax 403-362-7688.

RCS OILWELL SERVICING has a driller position open based out of Provost. Please call 780-753-8368 anytime. Must have valid driver's licence and B.O.P. ticket.

SERVICE MANAGER. We are seeking an individual who is looking for a challenging rewarding service management position in Southern Alberta. The ideal candidate: must have a mechanical aptitude; must possess strong employee and customer relation skills; be comfortable working in a fast paced multi-task environment that changes seasonally; must possess strong organizational skills; be familiar with labour sales budgeting/expense budgeting. Experience in equipment repair and service merchandising would be a definite asset. We offer: excellent working conditions; premium wages; an attractive incentive plan; company benefit package. All interested applicants please send your resume to: Box TAG c/o Taber Times, 5326 - 49 Ave., Taber, AB, T1G 1T8. All applications will be kept in strict confidence.

SCENTS OF BEAUTY Inc. requires additional consultants to market our exciting lines: Aromatherapy, relaxation, candles, and aromatic products. Consultants kit only \$395. Includes product, catalogues, business cards, etc. No minimum requirements or recruiting! Toll free 1-877-572-3687; www.scentsofbeauty.com.

6 EMPLOYMENT OPPORTUNITIES

PASTURE MANAGER WANTED. Good understanding of animal health and grass utilization. House and barn available year round. Application closing date: February 5, 2001. Contact: Three Creeks Grazing Association, Box 6371, Peace River, AB, T8S 1S3. Phone 780-624-8122. Fax 780-624-8122.

RECRUITER: Homebased full/part-time for national buying service to recruit, train/manager direct sales associates/buyers. To \$62,500. per year. Fax resume 1-403-288-6282.

ENNS BROTHERS LTD. a multi-store John Deere dealership in Southern Manitoba has openings for personnel in it's three stores in various fields: Parts Sales Representative in our Portage Store, Assistant Service Manager in our Winnipeg Store, Service Technicians for our Portage and Morris Stores. John Deere experience would be an asset but now a requirement. Technicians and parts sales personnel should be a third level apprentice or higher. Interested individuals should forward resume to: Enns Brothers Ltd., Box 40, Oak Bluff, MB, R0G 1N0. Attention: Bert Gregoire. All applicants are thanked in advance for their interest in our company. Only candidates selected for an interview will be contacted. Website: www.ennsbros.com. Fax 204-895-2765.

REPORTER REQUIRED for weekly near Edmonton. Must be proficient in Quark and Photoshop. Car required. Fax resume to 780-939-2425.

7 ENTERTAINMENT & EVENTS

BOOTHS ARE now available for the 19th Annual Brooks Trade Show, April 20 - 22. More than 8500 attendance, 120 exhibitors. Call Terri 403-362-7641.

FARM TECH 2001, January 31 - February 2, Westerner Park, Red Deer. 3 days of top-notch speakers, special events, annual meetings, trade show displays. Register now by calling 1-800-farmtec or online at www.farmtechconference.com.

CATTLE RAFFLE! Deadline January 27/01. Win 20 bred heifers (approx. \$26,000.). 5 cash prizes \$1,000. 2200 tickets. \$50. each. Write: Nanton Minor Hockey c/o Doug McDonald, Box 754, Nanton, AB, T0L 1R0. License #184904.

8 FEED & SEED

MIXED HAY - Good quality hardcore bales \$25 O.B.O. Also Canola, straw, offers. Phone 645-3284. Jan23

GOOD QUALITY - Alfalfa / Timothy hay bales for sale. \$30 each. Oat greenfeed bales \$25 each; delivery can be arranged. Phone 780-636-2892 after 6 pm, Vilna, AB. Mar27

WESTCAN FEED & GRAIN currently buying Wheat, Barley and Oats, light or off grade accepted. Also buying green or heated Canola. "On farm pick up". 1-877-250-5252.

9 FOR RENT

FOR RENT - 2 BR suite in 4-plex, 5617 - 50 St. References required. Available Feb. 1/01. 724-3288 xxx

LAKEFRONT CABIN ON MOOSE LAKE - 3 bedroom, full bath, exceptionally clean, completely furnished, spectacular view from deck. Weekly rental July 1 to September 1. Phone 780-826-4329. xxx

THIS SPACE FOR RENT - only \$4 for 25 words or less. Call 724-4087.

10 FOR SALE

\$59,900., GAS FIREPLACE, deluxe cabinets, jacuzzi, buffet hutch, carpet throughout. Delivered, blocked, skirted. 2001 models coming daily. Including 20'. Winter Clearout Save \$. Pleasant Homes, 780-962-0238.

\$78,900. BUYS 1,426 fabulous sq. ft. of modular home from Westalta - bay windows, garden doors, 3 appliances, two bathrooms, oak cabinets. Call 1-888-937-8111 for free information!

BELIEVE IT. All new 20 wides, 1440 sq. ft. for only \$59,900. Incredible home and incredible price. Call Ridgewood Homes for full details, Red Deer, 1-800-797-5714; Calgary, 1-800-797-5717; Edmonton, 1-780-470-5660 (collect).

STARDUST PROPERTIES offering the new Ridgewood 20 wides, 1440 sq. ft., \$59,900. Lloydminster, 1-306-825-5211.

\$386.94/MONTH. YES! That's right! 3 bedroom, 2 bathroom homes from \$386.94/month. Price includes delivery anywhere in Alberta (south of Edmonton), skirting, GST. We finance. 1-800-347-5590, Red Deer.

SAWMILL \$4895. All new Super Lumbermate 2000, larger capacities, more options. Norwood Industries, manufacture of sawmills, edgers and skidders. Free information, 1-800-566-6899 ext. 400.OT.

60' X 100' X 14' FARM shop, straight wall, galvalume cladding, \$28,000. Coloured cladding, doors, windows, labour and freight extra. Master-Craft 2000 Ltd., 1-800-822-1836; Calgary 1-403-269-4117.

1 BUCK A DAY, no money down, no payments till April 2001, 700MHZ computer, \$1500. software, limited quantity. \$29. a month O.A.C. 1-888-855-5527; www.1buckaday.com. **WE KNOW HEAT!** Heatmor stainless steel outdoor wood furnaces. When only the best will do. Backed by our 10 year warranty. Call Harris Custom, 780-892-3224.

FUEL TRUCK for sale by tender. 1992 single axle International w/2500 gallon, five compartment tank, electric count, electric and manual hose reels, 8200 hours, 218,000 kms. Barrel rack, tank inspected Dec/00. Deadline Feb 28/01. Thorhild Co-op 1-888-398-2106.

HEAT FOR LESS - If the cost of home heating has you burning, then consider the alternative Bio-Fuel heating option from Dell-Point. Visit our website www.pelletstove.com or call toll free for your free brochure. 1-877-331-6212.

13 LIVESTOCK

FOR SALE - Hydraulic hoof trimming table, \$1,500. Phone 724-2789. xxx

8 BRED POLLED HEREFORD HEIFERS - Females. Phone 726-3751, Lakes Ranch. xxx

BULLS FOR SALE OR RENT - All breeds available. Also selling 2 GMC livestock trucks, A1 shape. One with 24' box, other 22' box. 632-2139. xxx

ANGUS BULLS, 70 Red yearling, 20 coming 2's, 70 Black yearling, 20 Black Red carrier yearling. Calving ease, maternal strength, muscle. Free board and delivery until April 1st. 50% down, 50% on delivery. Feb. 9, 12 Noon at The Ranch, Standard, Alberta. Crowfoot Cattle Company, 403-644-2165.

FEMALE ALPACAS bred for 2001 crias starting at \$4000. First come first pick. Call 1-780-475-8267.

BISON AUCTION, 11 a.m., Thursday, Feb. 1 at Moore's Auction Centre, Alder Flats, Alberta. 780-388-3759. Full catalogue Wednesday evening at www.mooreauction.com.

13 LIVESTOCK

WILDROSE BREEDERS GROUP accepting entries for the April 28, 2001 Stallion Service Auction and Registered Horse Sale. Brooks, Charlton's Auction. For entries 403-378-4285.

15 MACHINERY

J.D. 4020 - F.E.L. & grapple. 9880 hrs., P.S., good condition. Phone 780-726-2248 evenings. Jan 30

16 MISCELLANEOUS

WASHER, DRYER - fridge, stove, deep freeze, microwave, 1980 Chev 1/2-ton. Looking for salesman or investor to sell bank machines. 614-0894. Jan30

NEED MONEY FAST. Immediate approval. Credit, age, income are no barriers, debt consolidation, interim financing, home purchase, small business start-up. Consolidated Mortgage and Loans. Members BBB 1-780-452-5858.

17 NOTICES

NOTICE TO CREDITORS & CLAIMANTS

In the Estate of
THOMAS CECIL HUNTER
who died Sept. 25, 2000

If you have a claim against this estate, you must file your claim by March 1, 2001 and provide details of your claim with **Harry J. Jong, Solicitor for the Personal Representative at Box 1379, High Prairie, Alberta T0G 1E0.**

If you do not file by the date above, the estate property can lawfully be distributed without regard to any claim you may have.

Notice to Creditors & Claimants

Estate of
JENNIE DACYK
who died on
November 23, 2000.

If you have a claim against this estate, you must file your claim by **February 23, 2001** and provide details of your claim with **Joanne Bepalko at P.O. Box 182, Elk Point, AB, T0A 1A0**

If you do not file by the date above, the Estate property can lawfully be distributed without regard to any claim you may have.

You must include a full description of your claim and why you have a right to make your claim.

18 PERSONAL

BUY QUALITY VITAMINS and herbal supplements direct. No middleman. Wholesale prices. Guaranteed home delivery. Call today for your free full-colour Canadian catalogue. Toll free 1-877-900-4372 or order online: www.moonherb.com.

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20 REAL ESTATE

PERFECT HOBBY FARM centrally located between Duchess and Rosemary, 1430 sq. ft. home, 41 acres with gated pipe. Phone 403-378-4193.

20 REAL ESTATE

RANCH FOR SALE only \$627,000. 1227 acres with buildings, corrals, good grass and water, between Castor and Hanna on Highway 36. Call Harold Magnuson at Magnuson Realty Ltd., 1-403-485-6901.

WARBURG - Hwy. 39 Secondary 770. For sale! lease! Rent! New homes in Warburg starting at \$799/month. Low down, assumable mortgage. Family living with style! Buy today, move in tomorrow! Open House every Saturday, Sunday, Noon - 5 p.m. Just follow the signs! Canadian Best Homes Ltd., 1-888-350-1200.

FOR SALE: 1/4 section 4 miles from Ponoka on pavement. 12 year old 3 bedroom ranch bungalow. Double attached garage, heated shop, machine shed, grain storage, feeding pens for 200 head. Good working corrals. Phone 780-373-3449 evenings.

FOR SALE: 183 acres No. 2 soil. 4 miles from Ponoka on pavement. 160 acres cultivated. Fenced and cross-fenced, dugout. High productivity area. Phone 780-373-3449 evenings.

WANTED MECHANIC entrepreneur. 2 bay service station, Galahad, Alberta. Gas/diesel pump, clean environmental assessment, equipment optional, call Hoss, 403-882-HOSS (4677), Sutton Group, Landmark Realty.

NOW IS THE best time to buy real estate in the Okanagan Valley and Shuswap. For free information call Heidi Brongers at 1-800-667-2040.

FARM FOR SALE: Five quarters in Saskatchewan. Home quarter with options on remaining four quarters. 21 miles south of Macklin. Serious inquiries: Paul evenings 306-753-2723.

21 RECREATIONAL

EASY CASH for your used R.V. Instant and hassle free. (1986 or newer). 403-291-1203 or 1-877-414-2458. Majestic RV World, 2612 - 26 St. N.E., Calgary.

21 RECREATIONAL

TOP DOLLAR PAID for late model RVs (1985 or newer). We pay you immediately for good condition, clean RVs including light weight models. Woody's RV World, Red Deer, 403-346-1130, 1-800-267-8256.

22 SERVICES

CRIMINAL RECORD? Canadian pardon seals record. U.S. waiver removes risk of arrest, deportation, property confiscation. Canadian/U.S. immigration agents. Uncontested Divorce? Separation Agreements? Incorporation? Fast, simple, inexpensive. 1-800-347-2540.

24 TRAVEL

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25 WANTED

WANTED - Standing trees for firewood. Preferred - white poplar. Will pay by the cord or by the lot. 500 cords needed in the next three years. 25 mile radius of St. Paul. Call evenings 645-2684. Jan23

WANTED TO BUY - Diesel trucks. Prefer crew cab or super cab. 250-371-2129.



K-COW RANCH

Polled Hereford Bulls FOR SALE

Contact: Kevin Wirsta
Cell: (780) 632-9868
Home: (780) 724-2789



ESTATE SALE OF FARM PROPERTY

The following property is offered for sale by tender, subject to the restrictions in the existing Certificate of Title:

S.E. 14-56-6-W4th, containing 160 acres more or less

The successful tenderer shall not obtain clear title; the title is currently subject to Caveats #972 076 504 and #972 076 505 respecting surface leases in favor of Canadian Natural Resources (formerly Elan Energy) and Utility Right of Way #982 163 417 in favor of the County of Vermilion River. At the present time, annual rent for the two surfaces leases amount to \$3,000 and \$2,718, respectively.

Tenders in sealed envelopes marked File #23,427 accompanied by a certified cheque for 10% of the tender made payable in trust to Richard R. Holeton must be in the hands of the solicitor for the estate, Richard R. Holeton, Box 1418, St. Paul, Alberta T0A 3A0, by twelve o'clock noon on February 16, 2001.

The balance of the purchase price shall be paid within thirty (30) days after acceptance of tender or as otherwise directed. If the successful tenderer does not complete the purchase after acceptance of his tender, the deposit shall be forfeited. The highest or any tender not necessarily accepted.

Cheques of unsuccessful tenderers will be returned to them.

For further particulars, apply to **Richard R. Holeton, Barrister & Solicitor, Box 1418, St. Paul, Alberta T0A 3A0, Telephone (780) 645-1866.**

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"Many industries try to differentiate their product from other products to gain competitive edge in the market place," says George Rock, farm management specialist with Alberta Agriculture, Food and Rural Development, Leduc. "A number of years ago, Tom Droog from southern Alberta was growing sunflowers. Thought they were well-suited to his farm and yields were good, he was receiving relatively low prices. His sunflowers were better than most in the market place, so he wanted to get a better price for them. He started processing and marketing them under the trade name Spitz. Today, he sells thousands of tonnes per year for a premium price. He was

able to make his sunflower commodity different from the rest."

"These strategies are appropriate for all types of business..."
George Rock

Strategies designed to gain market share and to highlight a perceived advantage in hopes of getting a higher price, are getting more common. Whenever possible, industries try to alleviate thoughts of their products as commodities.

"These strategies are appropriate for all types of business, including agriculture," adds Rock. "Try to highlight how a product is different from the rest. If growing grain, make sure relatively large samples of grain are taken from each bin on the farm. To highlight it in the best possible light, consider getting an official grade and bushel weight from the Grain Commission. It's completely within a producer's rights to obtain such a grade and then use this knowledge to negotiate the best possible combination of grade and price with the elevator companies."

Know your product and look for markets that are in keeping with the characteristics of the product. For barley, some varieties are used in the human market for pearling or flour that may command a higher price. If

the product being sold is a lower bushel weight barley, a discount may help to sell it. Higher protein wheats will interest API processors in Red Deer.

"If selling hay, consider getting it protein and fibre tested," says Rock. "This, combined with an accurate estimate of quantity, will enable the producer to isolate buyers prepared to pay extra for specialized forage products, such as dairy or specialized livestock. To sell lower quality hay, discount

the price and consider targeting the horse or bison market."

For feeder cattle, differentiating the production through weight, type and colour are important factors to consider. For breeding stock, heifers or cows should be pregnancy tested, bulls should be semen tested and have appropriate indexes for the breed.

To increase the bottom line, know the market characteristics of the product to be sold within the next 12 to 18 months.

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